

A HEALING SONG FOR MEN

I have heard this said or implied or some other variation that says that men are somehow emotionally retarded, we can look at television for these examples in caricatures like Homer Simpson or Al Bundy (married with children). I heard it said that men are murderers and rapists (and if we look at the statistics of violence against women by men this is truth). I see how men are in a vicious circle of addictions and violence. It was said to me recently that I needed to put my message of healing in special language that would appeal to men, that if I used words like healing that men certain men would not understand and be “turned off” by such touchy feely language. I reject the idea that men are so retarded that they do not want to heal themselves and heal the world. I reject the idea that men cannot feel love outside of their penises. I reject the idea that men do not love this planet. I reject the idea that men do not have love in their heart. There have been many examples of men throughout history who were great lovers of this world; Gandhi, Martin Luther King Jr, Buddha, Jesus, Lau Tzu, Rumi, Socrates, Mohammed and this list could include the many hundreds of thousand of men known and the hundreds of millions of men unknown who have given their love to this world. Being a man of great love is something that we all should aspire to. Being a man of love should be looked up to as strength not as a weakness. Only a fool would look at the list above and say that these were weak men. Men of great love are revered even above our most revered warriors. Who would say that war, mayhem and control were anywhere near equal to love, compassion and freedom of spirit? I reject violence as the norm for men. I reject control and domination as the highest attainments. I nurture love in the hearts of men. I celebrate ecstasy with my brothers. I dance to free the spirits of men. I honor and heal the hearts and minds of our warriors. I celebrate my sisters’ accomplishments and love them. I hold sacred, treasure and love all children. I love and respect all creatures big and small. This planet is our home to share. This is the song that is in the hearts of men dying to be sung.